

CREEKSIDE *barracudas* CUDAS THE CUDA SPLASH

MAY 22, 2023

Coach's Note

Hey Cudas!

I'm so proud of our swimmers for giving it their all at Time Trials. Not only in the pool, but on the pool side cheering on their teammates and showing new swimmers the way. This was a learning experience for the coaches, we are aware of the DQs and look forward to working on swimmers' technique before next week's meet against Pinehurst.

Congrats to Blythe Martinez and Emmerson Jaffa for winning the special silver Cuda Cap in the raffle! Make sure your swimmer visits the coaches table with their time after every race to enter into the drawing every meet. We are excited for the fun and the improvements in the week ahead!
-Coach Catalina

Time Trial's Results:

Pink: 206
Teal: 174

Great job to all our swimmers,
Remember, it was just for fun!

What's New

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Swimmers of the Week

Let's give a BIG shout out to our swimmers of the week!

LAST WEEK:

Edward T.
Arjun D.
Arianna V.
Athena H.
Connor C.
Alexander H.
Ella T.
Haley B.
Haley T.
Justin M.



Picture Day

- Team photos looked amazing!
- You'll be able to see the entire gallery, choose your specific photos and customize your photo package.
- Online ordering: <https://galleries.photoday.io/> access code **CUDAS23**

Cuda Shared Photo Galleries

Our photo Gallery is all set up and ready for you to add your photos. We like to see them all! Family, friends, swimming... please share with us!

You must be logged in to access our team photo page, so be sure to do that. All links to upload and see the galleries are here:

<https://www.teamunify.com/team/reccc/page/2022/season-photos>

Next Meet

Friday rally theme: Luau - get out your Hawaiian gear! Rally at 7:15



Meet at Pinehurst: 886 Lewiston Drive, San Jose, CA 95136

Arrive by 7am. Be sure to be on time for check-in and warm-ups. We cannot guarantee late adds if your swimmer misses check in.

Remember to buddy up with other families for tents. Pinehurst is a small facility.

Don't Forget...

Practice Time Changes

June 1 - June 9

Pink/Teal: 4:45-5:45

Silver: 5:35-6:45

Black: 6:30-7:45

June 12 - July 7 MORNINGS

Pink/Teal: 7:00-8:00

Silver: 8:00-9:15

Black: 9:00-10:15

The **Pink** and **Teal** groups will be combined starting June 1. DO NOT attend a different practice time without approval from Coach Catalina.