

CREEKSIDE barracudas THE CUDA SPLASH

APRIL 23, 2023

Swimmers of the Week

Wow, great job, swimmers!

Rahmna Ahmed

Riyan Patel

Mia Goldstein

Courtney Coates

Anisha Mandava

Blythe Martinez

Cara Castille

Neil Patel

Chloe Castille

Juliet Gbondo-Tugbawa



What's New

Our Coaching Staff | Coach Trivia
Swimmers of the Week

Coaches' Notes

Reminders

Swim-a-Thon

Fiday FUN Days

We asked:

- What's your favorite color?
- Who is your favorite Marvel character?
- What's your favorite snack?
- What's your favorite stroke?
- What's your favorite movie?
- Pets? If yes, what kind and names?

Coach Trivia!

Head Coach Catalina:

BLUE



Spider-Man

Chips & Guacamole

Backstroke



10 Things I Hate About You



Mewtwo Bubbers

Assistant Coach Emma:

YELLOW

Wanda Maximoff (The Scarlet Witch)

White Cheddar Cheez Its |

Ritz | Any Sweets

Breastroke

?



Benji



Beanie



Mayo

Assistant Coach Leigh:

GREEN



Captain America



Ice cream

Freestyle

Gladiator



Koosie

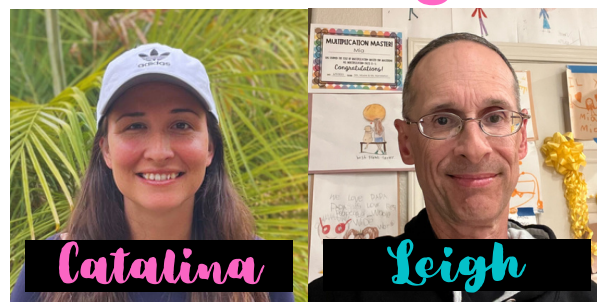


Hiya



Rocky

Our Coaching Staff



Catalina

Leigh



Nicholas

Emma

Assistant Coach Nicholas:

GREEN

Iron Man


Kettle Potato Chips

Butterfly

Star Wars Episode 5



Coaches' Notes

- Hydration is important! Please make sure swimmers bring a non-glass water bottle to practice every day. 
- Black and Silver practices have started using fins. It is suggested to purchase your own, as we do not have pairs for everyone.
- When observing, do not stand at the pool's edge; we need to keep the coaches' walking path clear.
- We're very proud of the progress and enthusiasm shown by the swimmers so far! Great job, Cudas!!

REMINDERS

- There is NO GLASS allowed inside the pool of any kind. This goes for practice, events, and recreational visits.
- The pool is still technically closed for the season (opening weekends starting in May). This means that there is no additional staff to do custodial maintenance. It is up to us to help keep the facility clean and presentable. If there are items that need immediate attention, please contact the parent reps. Remember that the parent reps and the cabana board members are volunteers, so responses can take up to 48 hours.

Swim-a-Thon & Welcome Back Social

Swim-a-Thon is Saturday, April 29th. Continue to get as many pledges as you can. The goal is for each swimmer to earn \$100 in pledges.

Remember, the swimmers from each age group who raises the most money and the swimmer who swims the most laps, will win a special prize!

We're hoping for a successful even this year so that we can purchase new equipment, hire additional staff, and plan amazing events in the future.

Corporate matching information will be available soon! So, if you or your pledge donors have access to corporate matching, hang on to those pledges!

Pool will be available for swimming laps from 8am-7pm. Water and snacks provided.

Don't forget - the Leadership team will be serving pizza and hosting an ice cream sundae bar from 6-7 in the Clubhouse.

This is a social event as well, so we invite you to hang out at the pool during the day and meet some of the other parents and families on the team. Feel free to bring your lounge chairs and snacks. (No glass!)

To help us prepare for dinner, please fill out this form to let us know if you and your family will attend. Please only bring your immediate family.

FORM:

<https://forms.gle/DEPWnAQzhFDUCgSU6>

Apparel will be sold in the Clubhouse from 2-6.

Fridays at Practice are FUN!



Get the
water in
the
cup!!!!



Team
Building

