

# CREEKSIDE *barraCUDA* THE CUDA SPLASH

JUNE 27, 2024

## What's New

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All Things Champs!

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## Special Practice!

**Tomorrow, Friday, June 28th**, we will hold a special practice to work on dives at **Independence High School. 12-12:45.**

Due to the constraints of our warm-up designations, we feel like this opportunity will be invaluable to our swimmers. The blocks at Independence appear much higher than our own blocks because they stand above the gutter of the pool, making the dive in much farther down.

If you can make this practice, we ask that you are prompt, and stay with your swimmer, as we must vacate the facility immediately following our practice time.

## Champs Warm-up

Warm up begins at 7:30 - for all swimmers! We will be warming up in the diving pool from 7:30-7:45. At 7:45 we move to the main pool to practice dives. If more specific information about lanes becomes available, we will notify everyone.

## Warm-Up Lanes During the Meet

The diving pool will be open for warm-up and cool-down for 13 and ups.

The shallow lanes of the race pool will be for 12 and unders.

## Parade

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- Line up for parade 8:40, led by Kristen Wright
- Parade begins at 8:55
- Senior Swim begins at 9:15 - senior parents welcome on deck for this swim only
- Meet Starts 9:30
- ALL MEDLEY RELAY SWIMMERS SHOULD BE PREPARED WITH CAP AND GOGGLES DURING THE PARADE
- Medley relays (7-8 girls) begin the meet at 9:30

## Food Trucks/Vendors

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- Click [HERE](#) to see the listing of vendors. Be sure to support our very own Cuda Cao Family with the Cosmic Crunch!
- Straits Coffee will be on-site at 7:00 AM to serve coffee and pastries. Location will be near the pool deck.
- The food trucks will arrive between 8:00 - 9:00 AM, with service beginning at 9:30 AM. The only exception is Chick-Fil-A, which will start serving at 10:30 AM.
- This year, some food trucks are offering online ordering, allowing people to order ahead and avoid long lines. See link.

## After Champs

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- Pizza at the pool about 7:30
- TP night!
  - Our Spirit Captains plan to take our littles out to TP Cuda houses.
  - If your swimmer decides to go out after this group activity, please remind them of the following:
    - TP-ing is suppose to be a fun activity for ALL
    - Do not TP someone's house if you are not good friends of the family. Not all Cuda families appreciate after hours TP-ing.
    - The Cabana Club is off-limits for TP-ing

Please make sure all swimmers are aware of these policies. We would hate to cancel such a fun activity next year.