

JUNE 17, 2024

Coach's Note

Hey Cudas,

That was an incredible dual meet against the Crossgate Gators! You all swam and cheered your hearts out, I'm thrilled to be a witness of such remarkable team camaraderie and spirit. Congratulations on your TIE at the last dual meet of the season. Now, on to CHAMPS!

-Coach Catalina

2024 Record Breaker

A HUGE congratulations to Julian Phillips for breaking the 7-8 All-time record for boys backstroke! He swam a 19.30, previous record of 19.51 from 1977.

We have several Cudas on the cusp of breaking all-time records this year.
We wish them ALL the best of luck at Champs!

What's New

Coach's Note
Swimmers of the Week
Record Breaker!

Slideshow Deadline Bye Week Champs Activities

Seniors

Swimmers of the Week

Let's give a BIG shout out to our swimmers of the week!

LAST WEEK:

Holly Z

Mai K

Meilani H Haley T

Emma L Christopher

Saranya K Chapman

Arjun K Cecilia D

Adrita A Audrey C

Noah V Connor C
Cristina O Nathan N

Mohammed A

Slideshow and Parade Thursday, June 27

Please upload your images to our shared galleries for the annual slideshow - your kids want to be in the slideshow!!!

Upload HERE. All images must be uplaced by June 19th.

On the 27th we will meet at the Cabana to watch our end of the year slideshow, honor our senior swimmers, and parade around the pool- wear Cuda gear!

Bye Week

Enjoy the weekend off with your family and friends. Practice will continue in the AM for the next two weeks.

Champs Week

Champs week is fun-filled with post or pre practice activities hosted by our amazing Spirit Captains, Mimi & Lily. We will announce activities this weekend. On Friday, we end the season with a swimmer breakfast after each practice group!

2025 Spirit Captains

Is your swimmer interested in being a 2025 Spirit Captain? We're accepting applications until June 26th. Please have your swimmer apply, if interested: CLICK HERE





Cristina Oropeza

Advice to Cudas is, "Swim well, fast and remember to always have fun. Like Dori said, 'Just keep swimming, just keep swimming!'"





C Senior S

Alexander Hensel

Advice to Cudas is, "always have fun and keep a positive attitude."